

# RECOMMENDED EYE PROTECTION

Sport	Minimal Recommended Protection
Baseball - Batting / Base Running	ASTM Standard F910 (Face Guard Attached To The Helmet)
Baseball - Fielding	ASTM Standard F803 For Baseball (ASTM Specifies Age Ranges)
Softball - Batting / Base Running	ASTM Standard F910 (Face Guard Attached To The Helmet)
Softball - Fielding	ASTM Standard F803 For Baseball (ASTM Specifies Age Ranges)
Basketball	ASTM Standard F803 For Basketball (ASTM Specifies Age Ranges)
Field Hockey	ASTM Standard F803 For Women's Lacrosse
Ice Hockey	ASTM Standard F513 Face Mask On Helmet
Ice Hockey- Goalie	ASTM Standard F1587 Face Mask On Helmet
Street Hockey	ASTM Standard F513 Face Mask On Helmet (Must Be HECC or CSA Certified)
Men's Lacrosse	NOCSAE Face Mask Attached To Helmet
Women's Lacrosse	ASTM Standard F803 For Women's Lacrosse
Squash	ASTM Standard F803 or CSA Standard P400
Racquetball	ASTM Standard F803 For Racquetball
Paintball	ASTM Standard F1776
Air Rifle	ANSI Z87+ and/or the Military Ballistic Test For Eye Armor
BB Gun	ANSI Z87+ and/or the Military Ballistic Test For Eye Armor
Full Contact Martial Arts	Not Available / Not Permitted In The Sport (Contraindicated For Functionally One-Eyed Athletes)
Boxing	Not Available / Not Permitted In The Sport (Contraindicated For Functionally One-Eyed Athletes)
Fencing	Protector With Neck Bib
Cricket	ASTM Standard F803 For Baseball
Soccer	ASTM Standard F803 For Any Sport (No Specific ASTM Standard Yet Developed For Soccer)
Football	Polycarbonate Eye Shield Attached To Helmet Mounted Wire Face Mask
Tennis	ASTM Standard F803 or CSA Standard P400
Volley Ball	ASTM Standard F803 For Basketball
Golf	Streetwear/ Fashion Eyewear with Polycarbonate or Trivex Lenses
Water Polo	Polycarbonate Swim Goggles
Badminton	ASTM Standard F803 or CSA Standard P400
Paddle Tennis	ASTM Standard F803 or CSA Standard P400
Handball	ASTM Standard F803 or CSA Standard P400
Fishing	Streetwear/ Fashion Eyewear with Polycarbonate or Trivex Lenses
Bicycling	Helmet Plus Streetwear or Fashion Eyewear with Polycarbonate or Trivex Lenses
Swimming	Standard Swim Goggles
Wrestling	Not Available / Not Permitted In The Sport
Skiing	Streetwear/ Fashion Eyewear with Polycarbonate or Trivex Lenses
Diving	Standard Swim Goggles
Track & Field	Streetwear/ Fashion Eyewear with Polycarbonate or Trivex Lenses
Gymnastics	Streetwear/ Fashion Eyewear with Polycarbonate or Trivex Lenses

**High Risk**

**Moderate Risk**

**Low Risk**

**Eye Safe**